

Chinmay  
International  
School

ANNUAL  
SYLLABUS

Academic Year 2026-27

NURSERY

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# NURSERY ENGLISH

## Annual Syllabus 2026-27

New Mylestone | S. Chand School | Author: Abha Arora

CBSE | NEP 2020 | NCF-FS 2022 Aligned

### Books in Use

Book	Title	Purpose
English Book - Nursery	New Mylestone	Main Reader / Concept Introduction
English Workbook - Nursery	New Mylestone	Practice & Skill Reinforcement

### Syllabus Overview

This syllabus is structured for the full academic year 2026-27, divided into two terms. It covers pre-writing skills, oral language development, phonological awareness, and complete alphabet recognition and writing (A-Z), in alignment with NEP 2020 and NCF-FS 2022 foundational literacy competencies.

### TERM 1 (April - September 2026)

#### Pre-Writing Skills

Topic	Skills Developed	Book Page
Standing Lines	Vertical stroke control	p. 5
Sleeping Lines	Horizontal stroke control	p. 6
More Lines	Mixed stroke practice	p. 7
Make a Monster	Creative pre-writing, curved lines	p. 8

#### Oral Language & Reading Readiness

Topic	Activity	Pages
The Cat and the Rat	Story comprehension, listening	p. 9
Look and Circle	Visual discrimination	p. 21
Look and Match	Letter matching activity	p. 54

#### Alphabet Introduction: A to M

Letters	Pages (Book)	Workbook Pages	Milestone Review
Letter Aa	p. 9	p. 9	
Letter Bb	p. 11	p. 11	

Letters	Pages (Book)	Workbook Pages	Milestone Review
Letter Cc	p. 13	p. 13	
Letter Dd	p. 15	p. 15	
Letter Ee	p. 17	p. 17	
Letters A to E (Revision)	p. 19	p. 21	Revision Activity
Letter Ff	p. 19	p. 24	
Letter Gg	p. 22	p. 27	
Letter Hh	p. 24	p. 28	
Letter Ii	p. 26	p. 31	
Letter Jj	p. 28	p. 34	
Letters F to J (Revision)	p. 30	p. 43	Revision Activity
Letter Kk	p. 30	p. 37	
Letter Ll	p. 32	p. 40	
Letter Mm	p. 34	p. 44	

## TERM 2 (October 2026 - March 2027)

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### Alphabet: N to Z

Letters	Pages (Book)	Workbook Pages	Milestone Review
Letter Nn	p. 35	p. 47	
Letter Oo	p. 37	p. 50	
Letter Pp	p. 39	p. 39	
Letter Qq	p. 41	p. 41	
Letter Rr	p. 43	p. 43	
Letters K to O (Revision)	p. 44	p. 59	Revision Activity
Letter Ss	p. 45	p. 69	
Letter Tt	p. 46	p. 72	
Letters P to T (Revision)	p. 47	p. 75	Revision Activity
Letter Uu	p. 48	p. 76	
Letter Vv	p. 50	p. 79	
Letter Ww	p. 52	p. 82	

Letters	Pages (Book)	Workbook Pages	Milestone Review
Letter Xx	p. 54	p. 85	
Letter Yy	p. 56	p. 88	
Letter Zz	p. 58	p. 91	
Letters U to Z (Revision)	p. 60	p. 94	Revision Activity

### Consolidation & Creative Activities

Activity	Focus	Pages
Pair Up	Letter-object matching	p. 32
Letter Match	Capital & small letter recognition	p. 41
Tracing Letters A to Z	Complete alphabet handwriting	p. 65 (WB)
See and Read	Early reading readiness	p. 95 (WB)
I Can Draw	Creative expression	p. 96 (WB)

### NEP 2020 / NCF-FS 2022 Competency Mapping

Competency Domain	Activity / Topic	Approach
Listening & Speaking	The Cat & the Rat, oral rhymes	Play-based, read-aloud
Pre-Reading	Look & Circle, Look & Match, See & Read	Activity-based
Pre-Writing	Line work, stroke practice, tracing A-Z	Guided practice
Early Literacy	Letter recognition, letter sounds (A-Z)	Multi-sensory
Creative Expression	Make a Monster, I Can Draw	Open-ended art
Foundational Numeracy Link	Pair Up, Letter Match	Visual matching

### Suggested Monthly Plan

Month	Topics / Letters	Key Activities
April	Pre-Writing Skills, The Cat and the Rat	Line tracing, story listening
May	Letters Aa, Bb, Cc, Dd	Tracing, recognition, oral practice
June	Letters Ee, Ff + A-E Revision	Look & Circle, revision worksheet
July	Letters Gg, Hh, Ii, Jj	Tracing, matching, phonics sounds

Month	Topics / Letters	Key Activities
August	Letters Kk, Ll + F-J Revision	Pair Up, revision activity
September	Letter Mm, Nn, Oo	Mid-year portfolio review
October	Letters Pp, Qq, Rr + K-O Revision	Matching activity
November	Letters Ss, Tt + P-T Revision	Tracing, oral reading
December	Letters Uu, Vv, Ww	Creative worksheet, See & Read
January	Letters Xx, Yy, Zz	Complete alphabet tracing
February	Letters U-Z Revision, Tracing A-Z	Full alphabet consolidation
March	I Can Draw, See and Read	Portfolio completion, year-end review

## Assessment Guidelines (NEP-Aligned)

As per NEP 2020 and NCF-FS 2022, no formal written examinations are conducted at the Nursery level. Assessment should be holistic, continuous, and observation-based.

Assessment Mode	Method	Frequency
Portfolio Collection	Tracing & writing worksheets	Monthly
Oral Observation	Letter recognition, rhyme recitation	Ongoing
Activity-Based Assessment	Matching, circling, drawing tasks	After each unit
Periodic Revision	Group reviews (A-E, F-J, K-O, P-T, U-Z)	Each term
Teacher Observation	Participation, confidence, fine motor skills	Daily

*Note: This syllabus is aligned with S. Chand New Milestone English Nursery (Book & Workbook) by Abha Arora, following CBSE guidelines and NCF-FS 2022 foundational stage norms.*

# नर्सरी हिंदी

## वार्षिक पाठ्यक्रम 2026-27

न्यू माइलस्टोन | एस. चंद स्कूल | लेखिका: आभा अरोड़ा

CBSE | NEP 2020 | NCF-FS 2022 के अनुरूप

### उपयोग की जाने वाली पुस्तकें

पुस्तक	विवरण	उद्देश्य
हिंदी पाठ्यपुस्तक - नर्सरी	न्यू माइलस्टोन, आभा अरोड़ा	मुख्य अवधारणाओं का परिचय
हिंदी अभ्यास पुस्तिका - नर्सरी	न्यू माइलस्टोन, आभा अरोड़ा	अभ्यास एवं कौशल सुदृढीकरण

### पाठ्यक्रम अवलोकन

यह पाठ्यक्रम सत्र 2026-27 के लिए नर्सरी हिंदी का पूर्ण वार्षिक योजना है। यह NEP 2020 और NCF-FS 2022 के आधारभूत साक्षरता मानकों के अनुरूप है। विषयों का क्रम आत्म-परिचय और पूर्व-लेखन से आरंभ होकर सभी हिंदी स्वरों (अ से औ, अं और अः सहित) और व्यंजनों के परिचय तक जाता है। इसके साथ कहानियाँ, कविताएँ और विषयगत शब्द-भंडार भी शामिल हैं।

### सत्र 1 (अप्रैल - सितम्बर 2026)

#### इकाई 1: मौखिक भाषा एवं आत्म-अभिव्यक्ति

पाठ का नाम	विषय / कौशल	पृष्ठ
मेरे मन से	मौखिक अभिव्यक्ति, भावनाएँ	पृ. 9
वंदना	प्रार्थना / सामूहिक गीत	पृ. 10
मेरा परिचय	आत्म-परिचय	पृ. 11
यह मैं हूँ	शरीर की जागरूकता	पृ. 12
मेरी पसंदीदा चीज़ें	पसंदीदा वस्तुएँ, शब्द-भंडार	पृ. 13

#### इकाई 2: पूर्व-लेखन एवं विषयगत अवधारणाएँ

पाठ का नाम	विषय / कौशल	पृष्ठ
रेखाएँ	पूर्व-लेखन रेखाएँ - सीधी, तिरछी, गोल	पृ. 14
रंग भरें (1)	रंग भरने की गतिविधि	पृ. 17
शरीर के अंग	शरीर के अंगों का शब्द-भंडार	पृ. 18

पाठ का नाम	विषय / कौशल	पृष्ठ
मौसम	मौसम / ऋतुओं का शब्द-भंडार	पृ. 20
मैं और मेरा परिवार	परिवार के सदस्य	पृ. 22
रंग भरें (2)	रंग भरने की गतिविधि	पृ. 24
गली के रंग	कहानी / पड़ोस की थीम	पृ. 25
रंग भरें (3)	रंग भरने की गतिविधि	पृ. 29

### इकाई 3: स्वर - अ, आ, इ, ई

पाठ का नाम	विषय / कौशल	पृष्ठ
अ का सफर	स्वर अ - पहचान एवं लेखन	पृ. 30
आ का सफर	स्वर आ - पहचान एवं लेखन	पृ. 32
अभ्यास करें (1)	अभ्यास: अ, आ	पृ. 34
पिकनिक की तैयारी	कहानी / विषयगत गतिविधि	पृ. 35
इ का सफर (ह्रस्व)	स्वर इ - पहचान एवं लेखन	पृ. 42
ई का सफर (दीर्घ)	स्वर ई - पहचान एवं लेखन	पृ. 44
अभ्यास करें (2)	अभ्यास: इ, ई	पृ. 47
फलों की महफ़िल	कहानी / फलों का शब्द-भंडार	पृ. 48
फलों के नाम	फलों के नाम सीखना	पृ. 49

### इकाई 4: स्वर - उ, ऊ, ऋ एवं शब्द-भंडार

पाठ का नाम	विषय / कौशल	पृष्ठ
सी-सी-सीटी	कविता / मौखिक गतिविधि	पृ. 51
सब्जियों के नाम	सब्जियों का शब्द-भंडार	पृ. 54
रंग भरें (4)	रंग भरने की गतिविधि	पृ. 55
उ का सफर (ह्रस्व)	स्वर उ - पहचान एवं लेखन	पृ. 56
ऊ का सफर (दीर्घ)	स्वर ऊ - पहचान एवं लेखन	पृ. 58
ऋ का सफर	स्वर ऋ - पहचान एवं लेखन	पृ. 60
अभ्यास करें (3)	अभ्यास: उ, ऊ, ऋ	पृ. 62
छोट्टू और चहकते पक्षी	कहानी - पक्षियों की थीम	पृ. 63

## सत्र 2 (अक्टूबर 2026 - मार्च 2027)

### इकाई 5: स्वर - ए, ऐ एवं विषयगत कहानियाँ

पाठ का नाम	विषय / कौशल	पृष्ठ
जन्मदिन का समारोह	कहानी – जन्मदिन उत्सव	पृ. 68
ए का सफर	स्वर ए – पहचान एवं लेखन	पृ. 70
ऐ का सफर	स्वर ऐ – पहचान एवं लेखन	पृ. 72
अभ्यास करें (4)	अभ्यास: ए, ऐ	पृ. 74
फूलों की मुस्कान	कहानी / फूलों का शब्द-भंडार	पृ. 75
फूलों के नाम	फूलों के नाम सीखना	पृ. 76
पानी	पानी – विषयगत गतिविधि	पृ. 77

## इकाई 6: स्वर – ओ, औ, अं, अः एवं व्यंजन परिचय

पाठ का नाम	विषय / कौशल	पृष्ठ
ओ का सफर	स्वर ओ – पहचान एवं लेखन	पृ. 79
औ का सफर	स्वर औ – पहचान एवं लेखन	पृ. 81
अभ्यास करें (5)	अभ्यास: ओ, औ	पृ. 83
टीना के जादुई शब्द	कहानी – जादुई शब्द	पृ. 84
वाहनों की दोस्ती	कहानी – वाहनों की थीम	पृ. 87
वाहनों के नाम	वाहनों का शब्द-भंडार	पृ. 92
अं का सफर (अनुस्वार)	अनुस्वार अं – पहचान एवं लेखन	पृ. 93
अः का सफर (विसर्ग)	विसर्ग अः – पहचान एवं लेखन	पृ. 95
अभ्यास करें (6)	अभ्यास: अं, अः	पृ. 97
व्यंजनों का सफर	व्यंजनों का परिचय	पृ. 98
रात की चाँदनी	समापन कविता – चाँदनी रात	पृ. 100

## संपूर्ण स्वर क्रम

स्वर	प्रकार	पृष्ठ	सत्र
अ	ह्रस्व स्वर	पृ. 30	सत्र 1
आ	दीर्घ स्वर	पृ. 32	सत्र 1
इ	ह्रस्व स्वर	पृ. 42	सत्र 1
ई	दीर्घ स्वर	पृ. 44	सत्र 1
उ	ह्रस्व स्वर	पृ. 56	सत्र 1
ऊ	दीर्घ स्वर	पृ. 58	सत्र 1
ऋ	विशेष स्वर	पृ. 60	सत्र 1

स्वर	प्रकार	पृष्ठ	सत्र
ए	दीर्घ स्वर	पृ. 70	सत्र 2
ऐ	दीर्घ स्वर	पृ. 72	सत्र 2
ओ	दीर्घ स्वर	पृ. 79	सत्र 2
औ	दीर्घ स्वर	पृ. 81	सत्र 2
अं	अनुस्वार	पृ. 93	सत्र 2
अः	विसर्ग	पृ. 95	सत्र 2
व्यंजन परिचय	व्यंजन वर्णमाला	पृ. 98	सत्र 2

## NEP 2020 / NCF-FS 2022 दक्षता मानचित्रण

दक्षता क्षेत्र	पाठ / गतिविधि	शिक्षण पद्धति
सुनना और बोलना	वंदना, गली के रंग, कहानियाँ, कविताएँ	मौखिक पाठ, सस्वर वाचन
पूर्व-लेखन	रेखाएँ, रंग भरें गतिविधियाँ	रेखा अभ्यास, निर्देशित लेखन
शब्द-भंडार विकास	शरीर के अंग, फल, सब्जियाँ, फूल, वाहन	विषय-आधारित शब्द सीखना
स्वर पहचान एवं लेखन	सभी 13 स्वर (अ से औ, अं, अः)	बहु-संवेदी: देखो, अनुरेखण, लिखो
प्रारंभिक पठन तैयारी	अभ्यास करें (6 समूह)	प्रत्येक स्वर समूह के बाद संरचित पुनरावृत्ति
व्यंजन परिचय	व्यंजनों का सफर	केवल पहचान (नर्सरी स्तर पर)
सृजनात्मक अभिव्यक्ति	रंग भरें, कहानियाँ	खेल-आधारित, कला एकीकरण
सामाजिक-भावनात्मक शिक्षा	मेरा परिचय, परिवार, पिकनिक, जन्मदिन	व्यक्तिगत एवं सामुदायिक विषय

## सुझावित मासिक योजना

माह	पाठ / विषय	मुख्य गतिविधियाँ
अप्रैल	मेरे मन से, वंदना, मेरा परिचय, यह मैं हूँ	मौखिक परिचय, आत्म-अभिव्यक्ति
मई	मेरी पसंदीदा चीज़ें, रेखाएँ, रंग भरें, शरीर के अंग	रेखा अनुरेखण, शरीर का शब्द-भंडार
जून	मौसम, परिवार, गली के रंग	रंग भरना, परिवार एवं मौसम का शब्द-भंडार

माह	पाठ / विषय	मुख्य गतिविधियाँ
जुलाई	स्वर अ, आ, अभ्यास (1), पिकनिक की तैयारी	स्वर अनुरेखण, कहानी-वाचन
अगस्त	स्वर इ, ई, अभ्यास (2), फलों की महफ़िल, फलों के नाम	फलों का शब्द-भंडार, स्वर लेखन
सितम्बर	सी-सी-सीटी, सब्जियों के नाम, स्वर उ, ऊ, ऋ, अभ्यास (3)	कविता, सब्जियाँ, स्वर पुनरावृत्ति
अक्टूबर	छोटू और चहकते पक्षी, जन्मदिन का समारोह	कहानियाँ, मौखिक बोध
नवम्बर	स्वर ए, ऐ, अभ्यास (4), फूलों की मुस्कान, पानी	फूलों का शब्द-भंडार, स्वर लेखन
दिसम्बर	स्वर ओ, औ, अभ्यास (5), टीना के जादुई शब्द	कहानी, स्वर लेखन
जनवरी	वाहनों की दोस्ती, वाहनों के नाम	वाहन शब्द-भंडार, कहानी
फरवरी	स्वर अं, अः, अभ्यास (6), व्यंजनों का सफर	अनुस्वार, विसर्ग, व्यंजन परिचय
मार्च	रात की चाँदनी, संपूर्ण स्वर पुनरावृत्ति (अ से औ)	कविता, पोर्टफोलियो पूर्णता, पुनरावृत्ति

## मूल्यांकन दिशा-निर्देश (NEP के अनुरूप)

NEP 2020 और NCF-FS 2022 के अनुसार नर्सरी स्तर पर कोई औपचारिक लिखित परीक्षा नहीं होती। मूल्यांकन समग्र, निरंतर और अवलोकन-आधारित होना चाहिए।

मूल्यांकन का तरीका	विधि	आवृत्ति
पोर्टफोलियो संग्रह	स्वर लेखन, रंग भरना, रेखा कार्य-पत्रक	मासिक
मौखिक अवलोकन	स्वर उच्चारण, कविता/प्रार्थना पाठ	निरंतर
शब्द-भंडार जाँच	फल, सब्जी, शरीर के अंग, वाहनों के नाम बताना	प्रत्येक विषय के बाद
अभ्यास समूह समीक्षा	अभ्यास करें कार्य-पत्रक (6 समूह)	प्रत्येक स्वर समूह के बाद
शिक्षक अवलोकन	सहभागिता, सूक्ष्म मोटर कौशल, मौखिक आत्मविश्वास	प्रतिदिन

नोट: यह पाठ्यक्रम एस. चंद न्यू माइलस्टोन हिंदी नर्सरी (पाठ्यपुस्तक एवं अभ्यास पुस्तिका) - आभा अरोड़ा पर आधारित है। यह CBSE दिशा-निर्देशों और NCF-FS 2022 के आधारभूत चरण के मानकों के अनुरूप है।

# NURSERY MATHEMATICS

## Annual Syllabus 2026-27

New Mylestone | S. Chand School | Author: Abha Arora

CBSE | NEP 2020 | NCF-FS 2022 Aligned

### Books in Use

Book	Title	Purpose
Mathematics Book - Nursery	New Mylestone	Main Concept Introduction
Mathematics Workbook - Nursery	New Mylestone	Practice & Skill Reinforcement

### Syllabus Overview

This syllabus covers the full academic year 2026-27 for Nursery Mathematics, aligned with NEP 2020 and NCF-FS 2022 foundational numeracy competencies. Topics are sequenced from size/shape concepts through numbers 0-20, with consolidation activities throughout.

### TERM 1 (April - September 2026)

#### Unit 1: Comparative Concepts & Shapes

Topic	Concept / Skill	Book Page	Workbook Page
Big and Small	Size comparison	p. 5 (Book)	p. 5 (WB)
Tall and Short	Height comparison	p. 9	p. 7
Same and Different	Classification	p. 13	p. 9
Heavy and Light	Weight comparison	p. 14	p. 10
Spot the Differences	Visual observation	-	p. 9

#### Unit 2: Shapes

Topic	Concept / Skill	Book Page	Workbook Page
Circle	Shape recognition & tracing	p. 15	p. 11
Square	Shape recognition & tracing	p. 17	p. 12
Triangle	Shape recognition & tracing	p. 19	p. 13
Rectangle	Shape recognition & tracing	p. 21	-
Shapes (combined)	All shapes review	-	p. 11
Shapes and Patterns	Pattern recognition	-	p. 12

Topic	Concept / Skill	Book Page	Workbook Page
Shape Animals	Creative shape use	p. 23	-
Odd One Out	Logical thinking	p. 25	-
Patterns	Repeating patterns	p. 26	-
What Comes Next?	Pattern completion	p. 27	-
Colour the Shapes	Identification & colouring	p. 29	-

### Unit 3: Numbers 0-5

Topic	Concept / Skill	Book Page	Workbook Page
Number 0	Zero concept, recognition, writing	p. 30	p. 13
Number 1	Counting, recognition, writing	p. 33	p. 15
Number 2	Counting, recognition, writing	p. 36	p. 17
Number 3	Counting, recognition, writing	p. 39	p. 19
Number 4	Counting, recognition, writing	p. 42	p. 21
The Beehive	Fun counting activity (review 1-4)	p. 45	-
Number 5	Counting, recognition, writing	p. 46	p. 23
Trace and Match	Number-quantity matching	-	p. 25
Dice Number Match	Number recognition game	-	p. 26
Before and After (1)	Number sequence	-	p. 27
Fruit Match-up	Counting & matching	p. 49	-
I Can Count	Consolidation 1-5	p. 50	-

### Unit 4: Numbers 6-10

Topic	Concept / Skill	Book Page	Workbook Page
Number 6	Counting, recognition, writing	p. 51	p. 28
Number 7	Counting, recognition, writing	p. 54	p. 30
Number 8	Counting, recognition, writing	p. 57	p. 32
Number 9	Counting, recognition, writing	p. 60	p. 34

Topic	Concept / Skill	Book Page	Workbook Page
Number 10	Counting, recognition, writing	p. 63	p. 36
Count and Match	Numbers 1-10 consolidation	p. 66	p. 38
Number Chain	Sequencing 1-10	p. 67	-
Caterpillar Numbers	Fun number ordering	-	p. 39
I Spy	Number recognition activity	-	p. 40
Count and Trace	Writing practice 1-10	-	p. 42

## TERM 2 (October 2026 - March 2027)

### Unit 5: Numbers 11-15

Topic	Concept / Skill	Book Page	Workbook Page
Number 11	Teen number, recognition, writing	p. 68	p. 44
Number 12	Teen number, recognition, writing	p. 70	p. 46
Number 13	Teen number, recognition, writing	p. 72	p. 48
Number 14	Teen number, recognition, writing	p. 74	p. 50
Number 15	Teen number, recognition, writing	p. 76	p. 52
Count and Write	Writing teen numbers	p. 78	-
Join the Dots	Number sequence (1-15)	p. 79	-
Count and Match (2)	Numbers 11-15 consolidation	-	p. 54
Before and After (2)	Sequence with teen numbers	p. 90	p. 55
Find the Path	Number maze activity	-	p. 56

### Unit 6: Numbers 16-20 & Consolidation

Topic	Concept / Skill	Book Page	Workbook Page
Number 16	Recognition, counting, writing	p. 80	p. 57
Number 17	Recognition, counting, writing	p. 82	p. 59
Number 18	Recognition, counting, writing	p. 84	p. 61

Topic	Concept / Skill	Book Page	Workbook Page
Number 19	Recognition, counting, writing	p. 86	p. 63
Number 20	Recognition, counting, writing	p. 88	p. 65
Count and Match (Final)	Numbers 1-20 consolidation	-	p. 67, 68
Number Maze	Logical number path activity	p. 91	-
Missing Numbers	Fill in sequence gaps	p. 92	p. 68

## NEP 2020 / NCF-FS 2022 Competency Mapping

Competency Domain	Topic / Activity	Approach
Comparative Reasoning	Big/Small, Tall/Short, Heavy/Light	Hands-on, real-world objects
Shape Recognition	Circle, Square, Triangle, Rectangle	Trace, colour, identify
Pattern Thinking	Patterns, What Comes Next, Shapes & Patterns	Visual & tactile activities
Number Sense (0-10)	Numbers 0-10, Counting, Matching	Multi-sensory counting
Number Sense (11-20)	Numbers 11-20, Teen numbers	Structured practice
Logical Thinking	Odd One Out, I Spy, Find the Path	Play-based problem solving
Number Sequencing	Before & After, Number Chain, Missing Numbers	Activity-based
Fine Motor / Writing	Trace & Match, Count & Trace, Join the Dots	Guided writing practice

## Suggested Monthly Plan

Month	Topics / Numbers	Key Activities
April	Big & Small, Tall & Short, Same & Different	Sorting, comparison activities
May	Heavy & Light, Circle, Square	Shape tracing, colouring
June	Triangle, Rectangle, Shapes review	Shape animals, patterns
July	Odd One Out, Patterns, What Comes Next	Pattern cards, logic games
August	Numbers 0, 1, 2, 3	Counting objects, number tracing
September	Numbers 4, 5 + Beehive, Fruit Match-up	Mid-year portfolio review, I Can Count

Month	Topics / Numbers	Key Activities
October	Numbers 6, 7, 8	Dice match, count & trace
November	Numbers 9, 10 + Consolidation (1-10)	Count and Match, Number Chain
December	Numbers 11, 12, 13	Join the Dots, teen number writing
January	Numbers 14, 15 + Count and Write	Before & After, Find the Path
February	Numbers 16, 17, 18, 19, 20	Number Maze, Missing Numbers
March	Full Revision 0-20	Count & Match, portfolio completion

### Assessment Guidelines (NEP-Aligned)

As per NEP 2020 and NCF-FS 2022, no formal written examinations are conducted at the Nursery level. Assessment is holistic, continuous, and observation-based.

Assessment Mode	Method	Frequency
Portfolio Collection	Tracing, counting & writing worksheets	Monthly
Oral Observation	Number recitation, shape naming	Ongoing
Activity-Based Assessment	Matching, colouring, join-the-dots tasks	After each unit
Concept Checks	Count & Match, Before & After, Missing Numbers	Each term
Teacher Observation	Participation, number sense, fine motor	Daily

*Note: This syllabus is based on S. Chand New Mylestone Mathematics Nursery (Book & Workbook) by Abha Arora, following CBSE guidelines and NCF-FS 2022 foundational stage norms.*

# NURSERY GENERAL AWARENESS

## Annual Syllabus 2026-27

New Milestone | S. Chand School | Author: Abha Arora

CBSE | NEP 2020 | NCF-FS 2022 Aligned

### Book in Use

Book	Publisher	Purpose
General Awareness Book - Nursery	New Milestone, S. Chand School	World awareness, life skills & environment

### Syllabus Overview

This syllabus covers the full academic year 2026-27 for Nursery General Awareness, aligned with NEP 2020 and NCF-FS 2022. Topics are organised into five thematic units: Self & Personal Development, Family & School, Community & Environment, Animals & Nature, and Seasons & World Around Us. The approach is play-based, activity-driven, and integrates social-emotional learning.

### TERM 1 (April - September 2026)

#### Unit 1: All About Me & Personal Development

Topic	Concepts / Skills	Page
All About Me	Self-introduction, name, age, likes	p. 9
Things I Like	Favourite things, preferences, vocabulary	p. 10
My Body	Body parts recognition and naming	p. 15
All the Things I Can Do	Physical abilities, self-confidence, action words	p. 17
I Am Clean	Personal hygiene, grooming habits	p. 23
What Is Mary Feeling?	Emotions recognition, empathy	p. 25
Being Calm	Emotional regulation, mindfulness	p. 29
Magic Words	Please, thank you, sorry - social etiquette	p. 30
Good Habits	Daily healthy habits, routine	p. 32
Colours	Colour recognition, naming, real-world objects	p. 34

#### Unit 2: Family, Home & School

Topic	Concepts / Skills	Page
Sunday Is a Family Day!	Family bonding, weekend activities	p. 40
My Family Members	Naming family members, relationships	p. 44

Topic	Concepts / Skills	Page
My House	Parts of a house, home vocabulary	p. 45
My Room	Objects in a room, spatial awareness	p. 46
My School	School environment, school vocabulary	p. 47
My Classroom	Classroom objects and rules	p. 49
Safety at School	Safety rules, safe behaviour	p. 51

### Unit 3: Community & Food

Topic	Concepts / Skills	Page
My Neighbourhood	Nearby places, community awareness	p. 52
Community Helpers	Roles of helpers: doctor, teacher, police, etc.	p. 53
Food	Types of food, healthy eating habits	p. 56
Fruits and Vegetables	Names and identification of fruits & vegetables	p. 57

## TERM 2 (October 2026 - March 2027)

### Unit 4: Animals & Nature

Topic	Concepts / Skills	Page
Animals	Domestic and wild animals, sounds, homes	p. 61
Taking Care of Pets	Responsibility, pet care, compassion	p. 65
Animals in Jungle	Jungle animals, habitat	p. 66
Water Animals	Fish, dolphin, turtle - aquatic life	p. 67
Travel	Modes of transport, travel vocabulary	p. 69
My Colourful World	Colours in nature, artistic expression	p. 73

### Unit 5: Seasons, Sky & Our World

Topic	Concepts / Skills	Page
Summer Season	Summer characteristics, clothing, activities	p. 74
Winter Season	Winter characteristics, clothing, activities	p. 75
Rainy Season	Rain, clouds, rainbow, seasonal vocabulary	p. 77
Day and Night	Sun, moon, stars, day-night cycle	p. 78
Water	Importance of water, sources, conservation	p. 82
I Can Draw	Creative expression, observation drawing	p. 84

## Thematic Unit Summary

Unit	Theme	Topics Covered	Term
1	All About Me & Personal Development	Self, body, emotions, habits, colours	Term 1
2	Family, Home & School	Family, house, room, school, safety	Term 1
3	Community & Food	Neighbourhood, helpers, food, fruits & vegetables	Term 1
4	Animals & Nature	Domestic, wild, water animals, pets, travel, colours	Term 2
5	Seasons, Sky & Our World	Summer, winter, rain, day-night, water, drawing	Term 2

## NEP 2020 / NCF-FS 2022 Competency Mapping

Competency Domain	Topic / Activity	Approach
Self-Awareness & Identity	All About Me, My Body, Things I Like	Discussion, oral expression
Social-Emotional Learning	Emotions, Being Calm, Magic Words, Good Habits	Role play, storytelling
Personal Hygiene & Health	I Am Clean, Good Habits, Food	Activity-based, visual charts
Family & Community Sense	Family Members, House, School, Community Helpers	Picture-based, oral Q&A
Environmental Awareness	Animals, Seasons, Water, Day and Night	Observation, nature walks
Cognitive Development	Colours, Shapes in world, Sorting animals	Hands-on activities
Safety & Life Skills	Safety at School, Taking Care of Pets	Discussion, scenario-based
Creative Expression	My Colourful World, I Can Draw	Art integration, free drawing

## Suggested Monthly Plan

Month	Topics	Key Activities
April	All About Me, Things I Like, My Body	Self-introduction, body chart activity
May	All the Things I Can Do, I Am Clean, Good Habits	Action activity, hygiene chart
June	What Is Mary Feeling?, Being Calm, Magic Words	Emotion cards, role play
July	Colours, Sunday Is a Family Day!, My Family	Colour matching, family

Month	Topics	Key Activities
	Members	tree
August	My House, My Room, My School, My Classroom	Draw your house / room activity
September	Safety at School, My Neighbourhood, Community Helpers	Mid-year portfolio review
October	Food, Fruits and Vegetables, Animals	Food sorting, animal sounds activity
November	Taking Care of Pets, Animals in Jungle, Water Animals	Animal habitat matching
December	Travel, My Colourful World	Transport collage, colour mixing
January	Summer Season, Winter Season, Rainy Season	Season chart, clothing sorting
February	Day and Night, Water	Sky observation, water conservation discussion
March	I Can Draw, Full Year Revision	Portfolio completion, drawing activity

## Assessment Guidelines (NEP-Aligned)

As per NEP 2020 and NCF-FS 2022, no formal written examinations are conducted at the Nursery level. Assessment should be holistic, continuous, and observation-based.

Assessment Mode	Method	Frequency
Portfolio Collection	Drawing, colouring, activity sheets	Monthly
Oral Observation	Naming body parts, colours, animals, family members	Ongoing
Activity-Based Assessment	Sorting, matching, role play, show-and-tell	After each unit
Social-Emotional Check	Emotions activity, magic words usage	Each term
Teacher Observation	Participation, curiosity, confidence, empathy	Daily

*Note: This syllabus is based on S. Chand New Mylestone General Awareness Book - Nursery by Abha Arora, following CBSE guidelines and NCF-FS 2022 foundational stage norms.*

# Annual Syllabus Plan 2026–27

## Book of Rhymes and Stories — Nursery (New Mylestone | S. Chand School)

CBSE • NEP 2020 • NCF-FS 2022 Aligned • Ages 3–4 Years • 11 Rhymes 🎵 + 8 Stories 📖 • April 2026 – March 2027

### 📄 Term-wise Overview

Term	Months	Rhymes	Stories	Count
<b>Term 1</b>	April – September 2026	The Itsy Bitsy Spider · Have You Seen Sundari · Two Little Dicky Birds · Pat-a-Cake · One Two Three Four Five · Old MacDonald · Hey Diddle Diddle · Five Little Peas	The Red Hen and the Bread · The Mask · The Giant Turnip · The Ant and the Grasshopper · The Blue Jackal	<b>8 Rhymes 5 Stories = 13 Units</b>
<b>Term 2</b>	Oct 2026 – March 2027	Hickory Dickory Dock · I Hear Thunder · Zoom Zoom Zoom	The Cats and the Monkey · The Three Rabbits · The Weather Report	<b>3 Rhymes 3 Stories + Revision = 6 Units</b>

### 📅 Month-by-Month Schedule

Rhymes 🎵 build language, memory, rhythm & motor skills. Stories 📖 build comprehension, values & critical thinking. Both are assessed through observation & oral activities — no written tests.

Month	Type	Title	Pg	Theme	NCF-FS Domain	Values	Classroom Activity
April	<b>Rhyme</b> 🎵	The Itsy Bitsy Spider	7	Animals & Nature	Language & Literacy	Perseverance, resilience	Sing with actions, finger puppet play
	<b>Rhyme</b> 🎵	Have You Seen Sundari	8	Animals	Language & Literacy	Curiosity, awareness	Q&A, describe the animal, colouring
May	<b>Rhyme</b>	Two Little	12	Animals &	Language &	Friendship	Finger rhyme,

Month	Type	Title	Pg	Theme	NCF-FS Domain	Values	Classroom Activity
		Dicky Birds		Colours	Literacy		name the birds
	<b>Rhyme</b> 	Pat-a-Cake	13	Food & Fun	Physical Dev.	Joy, sharing	Clap rhyme, roll-and-pat actions
	<b>Story</b> 	The Red Hen and the Bread	14	Food, Sharing & Work	Socio-emotional Dev.	Hard work, cooperation	Sequencing cards, role play, retell
June	<b>Rhyme</b> 	One, Two, Three, Four, Five	20	Numbers & Nature	Mathematical Dev.	Counting, curiosity	Count aloud, number flashcards
	<b>Story</b> 	The Mask	21	Animals, Cleverness	Cognitive Dev.	Honesty, wit	Predict ending, character puppets
July	<b>Rhyme</b> 	Old MacDonald	26	Farm Animals	Language & Literacy	Farm awareness, sounds	Animal sounds, add new animals
	<b>Story</b> 	The Giant Turnip	27	Teamwork & Effort	Socio-emotional Dev.	Teamwork, helping	Sequence the helpers, tug-of-war mime
August	<b>Rhyme</b> 	Hey, Diddle, Diddle	30	Imagination & Fun	Creative Dev.	Imagination, humour	Draw the nonsense scene, recite
	<b>Story</b> 	The Ant and the Grasshopper	31	Hard Work vs Play	Socio-emotional Dev.	Hard work, planning ahead	Discuss moral, draw seasons
September	<b>Rhyme</b> 	Five Little Peas	35	Nature & Growth	Language & Literacy	Curiosity about nature	Count and act, bean sprouting
	<b>Story</b> 	The Blue Jackal	36	Honesty & Deceit	Cognitive Dev.	Honesty, being true to self	Colour the jackal, discuss moral
October	<b>Story</b> 	The Cats and the Monkey	40	Greed & Fairness	Socio-emotional Dev.	Fairness, avoiding greed	Discuss: was it fair?, role play

Month	Type	Title	Pg	Theme	NCF-FS Domain	Values	Classroom Activity
	<b>Rhyme</b> 🎵	<b>Hickory Dickory Dock</b>	45	Time & Numbers	Mathematical Dev.	Time awareness	Clock craft, count 1-12
<b>November</b>	<b>Story</b> 📖	<b>The Three Rabbits</b>	46	Bravery & Safety	Cognitive Dev.	Courage, being careful	Retell, discuss stranger safety
	<b>Rhyme</b> 🎵	<b>I Hear Thunder</b>	53	Weather & Senses	Language & Literacy	Weather awareness	Rain sounds, weather chart
<b>December</b>	<b>Story</b> 📖	<b>The Weather Report</b>	54	Weather & Science	Cognitive Dev.	Curiosity, observation	Daily weather diary, draw weather
	<b>Rhyme</b> 🎵	<b>Zoom Zoom Zoom</b>	60	Space & Imagination	Creative Dev.	Curiosity, exploration	Planet colouring, rocket craft
<b>January</b>	—	<b>Revision &amp; Oral Practice — All Rhymes &amp; Stories</b>	—	Full Revision	Language & Literacy	Confidence, memory	Re-read, recite, enact favourite stories
<b>February</b>	—	<b>Elocution / Story-telling Performance</b>	—	Performance	Socio-emotional Dev.	Confidence, expression	Class performance, show-and-tell, puppet show
<b>March</b>	—	<b>Portfolio Review &amp; Year-end Celebration</b>	—	Year-end	All Domains	Pride, joy of learning	Portfolio sharing, favourite rhyme recitation

## NCF-FS 2022 Domain Mapping

The book intentionally covers all six NCF-FS developmental domains through its mix of action rhymes, number rhymes, moral stories and imaginative tales.

NCF-FS 2022 Domain	Units	Learning Outcome	Assessment
<b>Language &amp;</b>	Itsy Bitsy Spider, Have You	Listens attentively; recites	Oral recitation; teacher

<b>Literacy Development</b>	Seen Sundari, Two Little Dicky Birds, Old MacDonald, Five Little Peas, I Hear Thunder, Zoom Zoom Zoom	rhymes with expression; builds vocabulary	observation
<b>Socio-emotional Development</b>	The Red Hen and the Bread, The Giant Turnip, The Ant and the Grasshopper, The Cats and the Monkey	Understands values of hard work, teamwork, fairness; builds empathy	Story retelling; role play; discussion
<b>Cognitive Development</b>	The Mask, The Blue Jackal, The Three Rabbits, The Weather Report	Predicts story outcomes; understands cause & effect; builds critical thinking	Sequencing, Q&A, predict-the-end activities
<b>Mathematical Development</b>	One Two Three Four Five, Hickory Dickory Dock	Counts 1–12 confidently; understands number sequence; time awareness	Count aloud; clock craft; number activities
<b>Creative &amp; Aesthetic Development</b>	Pat-a-Cake, Hey Diddle Diddle, Zoom Zoom Zoom	Expresses creativity through music, art, and imagination	Craft activities; drawing; performance
<b>Physical Development</b>	Pat-a-Cake, Itsy Bitsy Spider, Two Little Dicky Birds	Develops gross/fine motor skills through action rhymes and finger play	Teacher observation of actions

### ♥ Values & Life Skills Embedded (NEP 2020 Bagless Learning)

NEP 2020 emphasises value-based education from the Foundational Stage. Each story carries a life lesson. Use the discussion prompts below for circle-time conversations.

Value / Life Skill	Unit	Discussion Prompt for Class
<b>Perseverance &amp; Resilience</b>	The Itsy Bitsy Spider	"The spider never gave up! What do you do when something is hard?"
<b>Hard Work &amp; Planning</b>	The Ant and the Grasshopper	"Why did the ant not go hungry in winter? What can we learn from this?"
<b>Teamwork &amp; Helping</b>	The Giant Turnip	"How did everyone working together help pull the turnip? Who helps you at home?"
<b>Honesty &amp; Being True to Yourself</b>	The Blue Jackal	"What happened when the jackal pretended to be someone else?"
<b>Fairness &amp; Avoiding</b>	The Cats and the Monkey	"Was the monkey being fair? What does it mean to share

<b>Greed</b>		equally?"
<b>Bravery &amp; Safety</b>	The Three Rabbits	"What did the rabbits do to stay safe? Who keeps you safe?"
<b>Curiosity &amp; Exploration</b>	Zoom Zoom Zoom / The Weather Report	"What would you find in space? What is your favourite kind of weather?"

**NEP 2020 & NCF-FS 2022 Alignment:** This book uses rhymes and stories as the primary vehicle for holistic development at the Foundational Stage. It develops language & literacy (listening, speaking, vocabulary), cognitive skills (comprehension, critical thinking), socio-emotional skills (values, empathy), mathematical awareness (counting rhymes), creativity (imagination, art), and physical skills (action rhymes). Assessment is entirely observation-based — through recitation, role play, oral Q&A and portfolio of activities.

# Annual Syllabus Plan 2026–27

## Art Exploration — Nursery (New Mylestone | S. Chand School)

CBSE • NEP 2020 • NCF-FS 2022 Aligned • Ages 3–4 Years • 31 Colouring Pages 🎨 + 3 Craft Activities ✂️ • April 2026 – March 2027

















### Term-wise Overview














Term	Months	Colouring Units	Craft	Total
Term 1	April – September 2026	Kite · Hat · Pencil · Boat · Helicopter · Vase · Candle · Glass · Leaves · Bell · Coffee Mug · Dolphin · Hen · Kitten · Car · Lion · Teddy Bear	Dot Sticking: Tree (p.38) Paper Craft: Fan (p.39)	17 Colouring 2 Craft = 19 Units
Term 2	Oct 2026 – March 2027	Ambulance · Umbrella · Flower · Tree · Ice Cream · Ball · Puppy · Santa Claus · Christmas Stocking · Mushroom · Duckling · Elephant · Balloons · House	Thumb Impressions: Flowers (p.40) + Portfolio Review (March)	14 Colouring 1 Craft + Review = 15+ Units

### Month-by-Month Art Schedule

Each colouring page builds colour recognition, fine motor skills, hand-eye coordination and creativity. Craft activities add tactile/sensory learning. Sequence moves from simple shapes to complex scenes.

Month	Category	Title	Pg	Theme	NCF-FS Domain	Skills Developed	Colours / Materials
April	Colour	Kite	6	Objects / Outdoor	Creative & Aesthetic	Pencil control, colour fill, hand-eye coord.	Red, Blue, Yellow, Green
	Colour	Hat	7	Clothing	Creative & Aesthetic	Staying within lines, colour choice	Any — free choice
	Colour	Pencil	8	School Objects	Creative & Aesthetic	Shape recognition, fine motor	Yellow, Pink
May	Colour	Boat	9	Transport / Water	Cognitive Dev.	Shape awareness, blue hues	Blue, Brown, Red
	Colour	Helicopter	10	Transport / Air	Cognitive Dev.	Detail colouring, precision	Grey, Yellow, Red
	Colour	Vase	11	Home Objects	Creative & Aesthetic	Pattern colouring, symmetry sense	Multi-colour

Month	Category	Title	Pg	Theme	NCF-FS Domain	Skills Developed	Colours / Materials
June	 Colour	Candle	12	Festivals / Light	Creative & Aesthetic	Flame colour awareness (warm colours)	Yellow, Orange, White
	 Colour	Glass	13	Home Objects	Creative & Aesthetic	Fine motor, simple outline	Blue, Transparent
	 Colour	Leaves	14	Nature / Plants	Cognitive Dev.	Green shades, nature awareness	Green, Yellow-Green
July	 Colour	Bell	15	Festivals / Sounds	Creative & Aesthetic	Circular shapes, gold/yellow	Yellow, Gold
	 Colour	Coffee Mug	16	Home Objects	Creative & Aesthetic	Handle detail, colour fill	Brown, White, Any
	 Colour	Dolphin	17	Animals / Ocean	Cognitive Dev.	Curved line colouring, blue palette	Blue, Grey
	 Craft	Dot Sticking Activity: Tree	38	Nature / Plants	Creative & Physical Dev.	Pincer grip, grasping, dot placement precision, hand-eye coordination	Stickers / dot stickers, pencil
August	 Colour	Hen	18	Farm Animals	Cognitive Dev.	Feather texture, multi-part colouring	Red, Brown, Orange
	 Colour	Kitten	19	Animals / Pets	Socio-emotional Dev.	Empathy through art, soft colour use	Orange, White, Grey
	 Colour	Car	20	Transport / Road	Cognitive Dev.	Wheel/window detail, colour awareness	Red, Blue, Black
September	 Colour	Lion	21	Animals / Wild	Cognitive Dev.	Mane detail, warm colours	Yellow, Orange, Brown
	 Colour	Teddy Bear	22	Toys	Socio-emotional Dev.	Soft colours, emotional connection	Brown, Beige
	 Craft	Paper Craft: Fan	39	Objects / Summer	Creative & Physical Dev.	Folding, crease making, dexterity, finger control	Paper, scissors (teacher-assisted), crayons
October	 Colour	Ambulance	23	Community Helpers	Cognitive Dev.	White base, red cross symbol	White, Red, Blue
	 Colour	Umbrella	24	Weather / Seasons	Creative & Aesthetic	Section colouring, rainbow colours	Red, Orange, Yellow, Green, Blue, Violet
	 Colour	Flower	25	Nature / Plants	Creative & Aesthetic	Petal colouring, symmetry	Pink, Red, Yellow

Month	Category	Title	Pg	Theme	NCF-FS Domain	Skills Developed	Colours / Materials
November	 Colour	Tree	26	Nature / Plants	Cognitive Dev.	Green crown, brown trunk, nature awareness	Green, Brown
	 Colour	Ice Cream	27	Food	Creative & Aesthetic	Fun colours, imagination	Pink, Brown, Yellow
	 Colour	Ball	28	Toys / Sports	Physical Dev.	Circular shape, colour segments	Multi-colour
December	 Colour	Puppy	29	Animals / Pets	Socio-emotional Dev.	Empathy, soft warm colours	Brown, White, Black
	 Colour	Santa Claus	30	Festivals	Creative & Aesthetic	Red & white contrast, festive colours	Red, White, Black, Skin
	 Colour	Christmas Stocking	31	Festivals	Creative & Aesthetic	Pattern & stripe colouring	Red, Green, White
January	 Colour	Mushroom	32	Nature / Plants	Cognitive Dev.	Spotted pattern, red cap	Red, White, Brown
	 Colour	Duckling	33	Animals / Water	Cognitive Dev.	Yellow palette, water scene	Yellow, Orange, Blue
	 Colour	Elephant	34	Animals / Wild	Cognitive Dev.	Grey tones, large shape colouring	Grey, Pink
	 Craft	Thumb Impressions: Flowers	40	Nature / Art	Creative & Sensory Dev.	Sensory exploration, thumb/finger grip, stamping, colour mixing	Paint/ink pad, paper
February	 Colour	Balloons	35	Celebrations	Creative & Aesthetic	Multiple colours, string details	Red, Blue, Green, Yellow, Pink
	 Colour	House	36	Home / Community	Cognitive Dev.	Geometric sections, community awareness	Red, Brown, Blue, Green
March	 Review	Portfolio Review & Art Exhibition	—	Year-end Celebration	Creative & Aesthetic	Confidence, pride, self-expression	All materials from the year

## Craft Activities — Detailed Plan (Pages 38–40)

The 3 craft activities target the 7 cover skills: Hand-eye coordination, Dexterity, Precision, Grasping & holding, Pincer grip, Finger control, Colour Recognition.

Month	Craft	Page	NCF Domain	Cover Skills	Materials Needed
July	Dot Sticking Activity: Tree	38	Creative & Physical Dev.	Pincer grip, Precision, Hand-eye coordination	Dot stickers (coloured), pencil outline of tree
September	Paper Craft: Fan	39	Creative & Physical Dev.	Dexterity, Finger control, Folding skills	A4 paper, crayons/colours, scissors (teacher-guided)
January	Thumb Impressions: Flowers	40	Creative & Sensory Dev.	Grasping, Sensory exploration, Creativity	Washable paint or ink pad, white paper, pencil for stems

## Colour Learning Progression

Colour recognition is a core NCF-FS outcome. The book progressively introduces all basic, secondary, warm, cool, and rainbow colours across 31 pages.

Colour Group	Colours Introduced	Units Where Practised
Primary Colours	Red, Blue, Yellow	Kite, Boat, Pencil, Balloons, Ball, Car
Secondary Colours	Green, Orange, Violet/Purple	Leaves, Tree, Flower, Umbrella, Balloons
Warm Colours	Red, Orange, Yellow	Candle, Bell, Lion, Hen, Duckling, Ice Cream
Cool Colours	Blue, Green, Grey	Boat, Dolphin, Elephant, Glass, Leaves
Nature Colours	Brown, Beige, Green, Yellow-Green	Tree, Teddy Bear, Mushroom, Puppy, Coffee Mug
Festival / Special	Gold, White, Red+White contrast	Bell, Santa Claus, Christmas Stocking, Candle
Rainbow Colours	ROYGBIV — full spectrum	Umbrella, Balloons, Kite

## NCF-FS 2022 Domain Mapping

Art Exploration addresses all major NCF Foundational Stage domains through sensory, motor, cognitive and creative engagement.

NCF-FS 2022 Domain	How Addressed	Learning Outcome	Cover Skill (from book)
Creative & Aesthetic Development	All 31 colouring pages + 3 craft activities	Expresses creativity freely; develops personal colour sense and aesthetic awareness	Creativity, Colour Recognition

<b>Physical Development (Fine Motor)</b>	Colouring within outlines, dot sticking, paper folding, thumb printing	Develops pencil grip, pincer grip, grasping & holding, finger control, dexterity	Pincer grip, Finger control, Dexterity, Grasping & holding
<b>Cognitive Development</b>	Recognising objects, animals, transport, nature; community helpers (Ambulance)	Builds vocabulary through visual association; classifies objects by category	Precision, Hand-eye coordination
<b>Socio-emotional Development</b>	Kitten, Puppy, Teddy Bear — pets/toys; Festivals: Candle, Santa, Christmas Stocking	Develops empathy, cultural awareness, emotional connection through art	Creativity, self-expression
<b>Language &amp; Literacy Development</b>	Each page labelled with the object name — child reads/hears the word	Builds vocabulary; connects printed word to image (pre-reading skill)	Colour Recognition (colour names)

**NEP 2020 & NCF-FS 2022 Alignment:** Art Exploration is fully aligned with the NEP 2020 principle of holistic, experiential, play-based learning at the Foundational Stage. Colouring and craft activities develop the 7 key skills highlighted on the book cover: Hand-eye coordination, Dexterity, Precision, Grasping & Holding, Pincer Grip, Finger Control, and Colour Recognition. Assessment is purely portfolio-based — through the child's completed colouring pages and craft work. No written tests or marks as per NCF-FS 2022 guidelines.

# Annual Syllabus Plan 2026–27

## My Book of Phonics — Nursery (New Mylestone | S. Chand School)

CBSE • NEP 2020 • NCF-FS 2022 Aligned • Ages 3–4 Years • 26 Letter Units • 2 Sight Word Sets • April 2026 – March 2027

### Term-wise Overview

Term	Months	Units Covered	Milestone
<b>Term 1</b>	April – August 2026	Aa (p.5) · Bb (p.7) · Cc (p.9) · Dd (p.11) · Ee (p.13) · Ff (p.15) · Gg (p.17) · Hh (p.19) · Ii (p.21) · Jj (p.23) · Kk (p.25) · Ll (p.27) · Mm (p.29) · Sight Words 1 (p.31)	Phonics A–M + Sight Words Set 1
<b>Term 2</b>	Sep 2026 – March 2027	Nn (p.34) · Oo (p.36) · Pp (p.38) · Qq (p.40) · Rr (p.42) · Ss (p.44) · Tt (p.46) · Uu (p.48) · Vv (p.50) · Ww (p.52) · Xx (p.54) · Yy (p.56) · Zz (p.58) · Sight Words 2 (p.60) · Revision	Phonics N–Z + Sight Words Set 2 + Full A–Z Revision

### Month-by-Month Phonics Schedule

Each letter unit covers: letter introduction, phonic sound, tracing (uppercase & lowercase), word-picture matching, colouring. Sequence follows the book exactly.

Month	Unit	Page	Sound	Example Words	NCF-FS Domain	Classroom Activity
<b>April</b>	<b>Aa</b>	5	/A/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'A', colour
	<b>Bb</b>	7	/B/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'B', colour
	<b>Cc</b>	9	/C/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'C', colour
<b>May</b>	<b>Dd</b>	11	/D/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'D', colour
	<b>Ee</b>	13	/E/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'E', colour
	<b>Ff</b>	15	/F/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'F', colour
<b>June</b>	<b>Gg</b>	17	/G/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'G',

Month	Unit	Page	Sound	Example Words	NCF-FS Domain	Classroom Activity
						colour
	<b>Hh</b>	19	/H/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'H', colour
	<b>Ii</b>	21	/I/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'I', colour
<b>July</b>	<b>Jj</b>	23	/J/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'J', colour
	<b>Kk</b>	25	/K/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'K', colour
	<b>Ll</b>	27	/L/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'L', colour
<b>August</b>	<b>Mm</b>	29	/M/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'M', colour
	<b>Sight Words 1</b>	31	<b>Sight Words</b>	a, an, the, is, am, are, I, me, my, we, you, it	Language & Literacy Development	Read, trace, match, fill-in-the-blank
<b>September</b>	<b>Nn</b>	34	/N/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'N', colour
	<b>Oo</b>	36	/O/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'O', colour
	<b>Pp</b>	38	/P/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'P', colour
<b>October</b>	<b>Qq</b>	40	/Q/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'Q', colour
	<b>Rr</b>	42	/R/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'R', colour
	<b>Ss</b>	44	/S/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'S', colour
<b>November</b>	<b>Tt</b>	46	/T/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'T', colour
	<b>Uu</b>	48	/U/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'U',

Month	Unit	Page	Sound	Example Words	NCF-FS Domain	Classroom Activity
						colour
	Vv	50	/V/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'V', colour
December	Ww	52	/W/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'W', colour
	Xx	54	/X/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'X', colour
January	Yy	56	/Y/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'Y', colour
	Zz	58	/Z/ sound		Language & Literacy Development	Say the sound, trace the letter, circle pictures starting with 'Z', colour
February	Sight Words 2	60	Sight Words	a, an, the, is, am, are, I, me, my, we, you, it	Language & Literacy Development	Read, trace, match, fill-in-the-blank
March	Revision & Portfolio	—	A–Z + Sight Words	All 26 letters + sight words	Language & Literacy Development	Oral revision, portfolio review, phonics games

## 👁 Sight Words Plan (Pages 31 & 60)

Sight words are high-frequency words that children learn to recognise instantly, without decoding. Two sets are introduced mid-year and at year-end.

Set	Sight Words (p.31 & p.60)	Classroom Practice
Set 1 — p.31 (After Mm)	a · an · the · is · am · are · I · me · my · we · you · it · in · on · at	Flash card drill, trace & write, fill in blanks, circle in sentences
Set 2 — p.60 (After Zz)	he · she · they · his · her · this · that · do · go · no · so · to · up · us · by	Sight word bingo, word wall, sentence building, oral reading aloud

## 🌱 NCF-FS 2022 Domain Mapping

All phonics units collectively address all five NCF Foundational Stage developmental domains through multi-sensory learning.

NCF-FS 2022 Domain	How Addressed	Learning Outcome	Assessment
<b>Language &amp; Literacy Development</b>	All 26 letter units + 2 Sight Word sections	Recognises & produces phonics sounds A–Z; reads 20+ sight words	Oral recitation, letter flashcards
<b>Physical Development (Fine Motor)</b>	Tracing letters, colouring pictures	Correct pencil grip; traces upper & lower case letters accurately	Teacher observation of pencil work
<b>Cognitive Development</b>	Word-picture matching, beginning sound identification	Identifies objects by initial sound; classifies by phonics category	Matching & sorting tasks
<b>Creative &amp; Aesthetic Dev.</b>	Colouring, drawing objects beginning with each letter	Expresses creativity; connects letters to real-world objects	Portfolio of coloured pages
<b>Social &amp; Emotional Dev.</b>	Pair / group phonics games, call-and-response activities	Participates confidently; takes turns; builds communication skills	Teacher observation

**NEP 2020 & NCF-FS 2022 Alignment:** This phonics book follows a multi-sensory, play-based approach — see, say, trace, colour. Each unit builds phonemic awareness (hearing sounds), phonics knowledge (linking sounds to letters), and early pre-reading skills. Assessment is purely observation-based and portfolio-based — no formal written tests, in line with NCF-FS 2022 guidelines for the Foundational Stage (Ages 3–8).

# Annual Syllabus Plan 2026–27

## New Mylestone Activity Book — Nursery (S. Chand School)

CBSE • NEP 2020 • NCF-FS 2022 Aligned • Ages 3–4 Years • 26 Activities • April 2026 – March 2027

### Term-wise Overview

Term	Months	Activities (Pages)	Count
<b>Term 1</b>	April – September 2026	Building Skills (5), Action Time (6), Where Is It? (7), What Comes Next? (8), Match the Apples (9), Sandwich (10), Drawing Shapes (11), Stick the Shapes (12), Woolly Caterpillar (13), Tracing Shapes (14), Drawing Lines (15), Building Blocks (16), Spot the Differences (17)	<b>13</b>
<b>Term 2</b>	October 2026 – March 2027	Pattern with Buttons (18), Shadow Game (19), Colourful Caterpillar (20), Puzzle: Maze (21), Up and Down (22), Colourful Trucks (23), Paint with Thumbs (24), Long and Short (25), Bees and Beehive (26), Rays with Sticks (27), Step-by-Step Art (28), Roll Press Make (30), Clap and Listen! (32)	<b>13</b>

### Month-by-Month Activity Schedule

Activities are sequenced from simple to complex across the year, as per NCF-FS 2022 progressive learning principles.

Month	Activity	Pg	NCF-FS Domain	Key Competency	Skill Area
<b>April</b>	<b>Building Skills</b>	5	Cognitive Development	Problem solving, logical thinking	Thinking & Reasoning
	<b>Action Time</b>	6	Physical Development	Gross motor, body coordination	Physical & Motor
<b>May</b>	<b>Where Is It?</b>	7	Cognitive Development	Spatial awareness, positional language	Thinking & Reasoning
	<b>What Comes Next?</b>	8	Cognitive Development	Pattern recognition, sequencing	Thinking & Reasoning
<b>June</b>	<b>Match the Apples</b>	9	Cognitive Development	Matching, sorting, one-to-one correspondence	Mathematical Thinking
	<b>Sandwich</b>	10	Creative & Aesthetic Dev.	Cutting, sticking, layering, creativity	Art & Craft
<b>July</b>	<b>Drawing Shapes</b>	11	Cognitive & Physical Dev.	Shape recognition, pencil control	Pre-Writing & Art
	<b>Stick the Shapes</b>	12	Creative & Aesthetic Dev.	Shape identification, fine motor	Art & Craft
<b>August</b>	<b>Woolly Caterpillar</b>	13	Creative & Aesthetic Dev.	Circular shapes, colour sense, creativity	Art & Craft

Month	Activity	P g	NCF-FS Domain	Key Competency	Skill Area
	Tracing Shapes	14	Physical Development	Fine motor, pencil grip, shape tracing	Pre-Writing
September	Drawing Lines	15	Physical Development	Pre-writing strokes, hand-eye coordination	Pre-Writing
	Building Blocks	16	Cognitive Development	Spatial reasoning, construction play	Thinking & Reasoning
	Spot the Differences	17	Cognitive Development	Visual discrimination, attention, observation	Thinking & Reasoning
October	Pattern with Buttons	18	Cognitive Development	Patterning, sorting, sequencing	Mathematical Thinking
	Shadow Game	19	Cognitive Development	Shape matching, visual perception	Thinking & Reasoning
November	Colourful Caterpillar	20	Creative & Aesthetic Dev.	Colour identification, sequencing, art	Art & Craft
	Puzzle: Maze	21	Cognitive Development	Problem solving, spatial navigation	Thinking & Reasoning
December	Up and Down	22	Cognitive Development	Directional concepts, spatial language	Concept Development
	Colourful Trucks	23	Creative & Aesthetic Dev.	Colour recognition, vehicle awareness	Art & Craft
January	Paint with Thumbs	24	Creative & Aesthetic Dev.	Sensory exploration, creativity, fine motor	Art & Craft
	Long and Short	25	Cognitive Development	Measurement concepts, comparison	Mathematical Thinking
February	Bees and Beehive	26	Creative & Aesthetic Dev.	Nature awareness, pattern, art	Art & Craft
	Rays with Sticks	27	Creative & Aesthetic Dev.	Fine motor, creative construction	Art & Craft
March	Step-by-Step Art	28	Creative & Aesthetic Dev.	Following instructions, sequencing, drawing	Art & Craft
	Roll, Press, Make	30	Creative & Aesthetic Dev.	Sensory play, clay/dough work, 3D creativity	Sensory & Art
	Clap and Listen!	32	Language & Literacy Dev.	Phonemic awareness, rhythm, listening skills	Language & Music

## NCF-FS 2022 Domain Mapping

Each activity in the book maps to one or more NCF Foundational Stage developmental domains, ensuring holistic child development.

NCF-FS Domain	Activities Covered	Developmental Outcome
Physical Development	Action Time, Tracing Shapes, Drawing Lines, Paint with Thumbs, Roll Press Make	Gross & fine motor, sensory exploration,

<b>&amp; Well-being</b>		body awareness
<b>Cognitive Development</b>	Building Skills, Where Is It?, What Comes Next?, Match the Apples, Drawing Shapes, Building Blocks, Spot the Differences, Pattern with Buttons, Shadow Game, Puzzle: Maze, Up and Down, Long and Short	Problem solving, spatial reasoning, pattern recognition, mathematical thinking
<b>Language &amp; Literacy Development</b>	Clap and Listen!	Phonemic awareness, listening, rhythm, early literacy
<b>Creative &amp; Aesthetic Development</b>	Sandwich, Stick the Shapes, Woolly Caterpillar, Colourful Caterpillar, Colourful Trucks, Bees and Beehive, Rays with Sticks, Step-by-Step Art	Imagination, self-expression, art, craft, colour sense
<b>Social &amp; Emotional Development</b>	All activities (group/paired)	Turn-taking, sharing, confidence, peer learning

**NEP 2020 & NCF-FS 2022 Alignment:** This activity book follows a play-based, activity-led, and theme-based approach. All 26 activities promote hands-on experiential learning, fine and gross motor development, creative expression, and cognitive growth — in line with the five developmental domains of NCF-FS 2022 (Physical, Cognitive, Language, Creative, Socio-emotional). No formal examinations; assessment is through continuous teacher observation and activity portfolios.