



**Circular No: CIS/Acad/2025/11**

**Date: 25.08.2025**

**Reference: CBSE Circular No. Acad-61/2025, Dated 22.08.2025**

**Subject: Celebration of National Sports Day 2025**

Dear Teachers,

As per CBSE guidelines, our school will observe **National Sports Day** from **29th to 31st August 2025**. This day is celebrated every year on **29th August** to honour **Major Dhyan Chand**, one of India's greatest hockey players, and to promote the importance of sports and fitness among students. This year's celebration also highlights the **Olympic spirit** and values of **Excellence, Friendship, and Respect**, along with strengthening the message of the **Fit India Movement**.

#### **Activities to be Conducted in School (29–31 August 2025)**

Teachers are requested to ensure smooth conduct of the following activities:

##### **1. Fun and Competitive Games**

Organize age-appropriate sports, games, and fitness activities for all classes.

##### **2. Promotion Activities**

Create awareness about National Sports Day through announcements, class talks, and posters to encourage maximum participation.

##### **3. Motivational Sessions**

If possible, invite former athletes/sports achievers to inspire students.

##### **4. “Sundays on Cycle” – 31st August 2025**

Conduct a community cycling event to promote fitness, reduce pollution, and encourage an active lifestyle.

## Additional Guidelines

- All students and staff should take the **Fit India Pledge** on Sports Day:  
<https://fitindia.gov.in/fit-india-pledge-2025>
- The school must register on the Fit India portal under "School":  
<https://fitindia.gov.in/national-sports-day-2025>
- After the celebrations, teachers in charge must submit:
  - ✓ A brief report
  - ✓ Photographs
  - ✓ Videosthrough the Fit India Portal.

A detailed toolkit and SOP for the event is available at the link shared by CBSE.

Your cooperation is essential to make National Sports Day 2025 meaningful and inspiring for our students.

Warm regards,

Principal  
Chinmay International School, CBSE